

# PANTHEO

## 2023

# ANNUAL CONGRESS

*In conjunction with the Midland Ophthalmological Society UK*

*Under the auspices of the Cyprus Ophthalmological Society  
and the University of Nicosia Medical School*

**22-23**  
**APR**

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**Final Program**

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Η περιεγχειρητική ξηροφθαλμία μπορεί να περιορίσει την επιτυχία του χειρουργείου και την ικανοποίηση του ασθενούς.<sup>1,2</sup>

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**ΑΝΑΚΟΥΦΙΣΗ:**<sup>3-5</sup>

- **ΠΡΟΣΤΑΤΕΥΕΙ ΤΗΝ ΟΦΘΑΛΜΙΚΗ ΕΠΙΦΑΝΕΙΑ**<sup>6\*</sup>
- **2 ΦΟΡΕΣ ΜΕΓΑΛΥΤΕΡΗ ΔΙΑΤΗΡΗΣΗ ΤΗΣ ΕΝΥΔΑΤΩΣΗΣ**<sup>3\*</sup>

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**Παραπομπές:** **1.**Chuang J et al. J Cataract Refract Surg.2017;43:1596-1607. doi:10.1016/j.jcrs.2017.10.033. **2.** Gibbons A, et al.Clin Ophthalmol. 2016; 10:1965-1970. **3.** Rangarajan R et al.J Ocul Pharmacol Ther.2015; 31:491-497. **4.** Davitt WF et al. J Ocul Pharmacol Ther. 2010; 26: 347-353. **5.** Rolando M et al. J Ocul Pharmacol Ther.2009; 25: 271-278 **6.** Carlson E et al. J Ocul Pharmacol. Ther.2018; 34:360-364



Dear friends and colleagues,

With Covid 19 still fresh in our memories it is exciting to once again be organising this year's Pantheo, face-to-face meeting.

It is hard to believe that another year has gone by so quickly. We all face new challenges, new conflicts affecting our daily lives but we still seem to go on relentlessly with the task at hand, which is none other than to provide the best possible care for our patients and endeavour to keep up with new developments.

It is with this in mind that we continue to run this meeting and invite you all to join us for a weekend of updates and debates on a wide-range of subjects in our specialty. One of the most expressed, popular aspects, of our meeting is the variability of the subject matter covered.

This meeting that has for many years been the highlight of our organisation's calendar and it is a source of pride for us when previous participants view it in the same light.

We welcome you therefore to this year's meeting and look forward to another fruitful interaction. We will once again share our knowledge, exchange our ideas, and enjoy each other's company in a relaxed social program.

We thank you for attending and our special thanks to all our speakers without whom this meeting would not be possible.

Theo Potamitis  
Pantheo Director

Katia Papastavrou  
Meeting Organiser



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|                      |  |
|----------------------|--|
| Abbott Joe           | Consultant Ophthalmologist, Paediatrics and Glaucoma, Birmingham Childrens Hospital, UK                  |
| Aristodemou Petros   | Consultant Ophthalmologist, Vitreoretinal Surgeon, Limassol, Cyprus                                      |
| Ball James           | Consultant Ophthalmologist, Leeds, UK  |
| Cicatricis Peter     | Consultant Ophthalmologist, Vitreoretinal Surgeon, Nicosia, Cyprus                                       |
| Downes Susan         | Professor of Ophthalmology, University of Oxford, Consultant Ophthalmologist, Medical Retina, Oxford, UK |
| Eisenack Johannes P  | Consultant Paediatric Ophthalmologist, Klinik Hirslanden, Zurich, Switzerland                            |
| Fielder Alistair     | Professor Emeritus of Ophthalmology, City University, London, UK   |
| Hepschke Jenny       | Consultant Ophthalmologist, Birmingham, UK   |
| Koukkoulli Antigoni  | Consultant Ophthalmologist, Oculoplastics and Neuro ophthalmology, Pantheo Eye Center, Cyprus            |
| Kyprianou Ioannis    | Consultant Ophthalmologist, Oculoplastics and Orbits, Cyprus   |
| Lett Kim Son         | Consultant Ophthalmologist, Vitreoretinal Surgeon, Birmingham, UK  |
| Palos Michalis       | Consultant Ophthalmologist, Cornea specialist, Pantheo Eye Center, Cyprus                                |
| Papastavrou Katia    | Consultant Ophthalmologist, Glaucoma specialist, Pantheo Eye Center, Cyprus                              |
| Parulekar Manoj      | Consultant Paediatric Ophthalmologist, Birmingham and Oxford, UK   |
| Paulo Danilo         | Consultant Ophthalmologist, Glaucoma Specialist, Birmingham, UK  |
| Pesztenleher Norbert | Consultant Ophthalmologist, Cataract and refractive, Vitreoretinal Surgeon, Győr, Hungary                |
| Phylactou Maria      | Consultant Ophthalmologist, Cornea and Cataract Specialist, Moorfields, UK                               |
| Potamitis Theodoros  | Consultant Ophthalmologist, Vitreoretinal Surgeon, Pantheo Eye Center, Cyprus                            |
| Shahid Humma         | Consultant Ophthalmologist, Glaucoma Specialist, Cambridge, UK   |
| Sharma Ash           | Consultant Ophthalmologist, Vitreoretinal surgeon, Birmingham, UK  |
| Sharma Tarun         | Consultant Ophthalmologist, Glaucoma Specialist, Worcester, UK   |
| Syrimi Marina        | Consultant Paediatric Ophthalmologist, Cyprus  |
| Taylor Robert        | Consultant Paediatric Ophthalmologist, York, UK  |
| Tsaloumas Maria      | Consultant Ophthalmologist, Birmingham, UK   |
| Tsierkezou Loukiana  | Consultant Ophthalmologist, Uveitis specialist, Pantheo Eye Center, Cyprus                               |
| Yiangou Andreas      | Consultant Neurologist, Birmingham, UK   |



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**References:** 1. AcrySof® IQ Vivity® Extended Vision IOL Directions for Use. 2. Alcon Data on File, US Patent 9968440 B2, May 15, 2018. 3. Alcon Data on File, TDOC-0055575, 09 Apr 2019. 4. Alcon Data on File, TDOC-0055576, 23-Jul-2019. 5. Alcon Data on File, TDOC-0056718, 18-Jun-2019. 6. Ligabue E, et al. ACRYSOF IQ VIVITY: Natural vision at a range of distances provided by a novel optical technology. Cataract & Refractive Surgery Today, April 2020 // 7. Alcon Data on file, A02062-REP-043696, Optical Evaluations of Alcon Vivity®, Symfony®, Zeiss® AT LARA® AT USA IOLs, Feb 2020. 8. Lawless M. Insight news: "An IOL to change the cataract surgery paradigm?" available at "<https://www.insightnews.com.au/an-iol-to-change-the-ataract-surgery-paradigm/>". Accessed Date 17.07.2020. 9. Ike K. Ahmed, et al. The Vivity Extended Depth of Focus IOL: Our Clinical Experience. Cataract & Refractive Surgery Today, February 2021//

Please refer to product direction for use for complete list of indications, contraindications and warnings.

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PROGRAM

8:30 WELCOMING ADDRESS

Theodoros Potamitis, Director of Pantheo Eye Center  
Andreas Kontos, President of the Cyprus Ophthalmological Society  
Nicos Nicolaides, Mayor of Limassol  
Petros Agathangelou, President of Cyprus Medical Association

9:15 Medical Retina / Uveitis

Inherited retinal degeneration or not?  
Susan Downes, Professor of Ophthalmology, University of Oxford, UK

Diagnostic approach of the uveitis patient  
Loukiana Tsierkezou, Consultant Ophthalmologist, Pantheo Eye Center, Cyprus

10:20 UNIVERSITY OF NICOSIA MEDICAL SCHOOL KEYNOTE LECTURE

Introduction by Aleksandar Jovanovic, Professor of Clinical Pharmacology and Therapeutics and Head of the Department of Basic and Clinical Sciences at the University of Nicosia Medical School

Guest Speaker: Johannes P. Eisenack, MD, F.E.B.O  
University of Nicosia Medical School Ophthalmology Lead  
Klinik Hirslanden, Zurich, Switzerland

Title: Childhood myopia: Let's not be short-sighted about it!



UNIVERSITY  
of NICOSIA  
—  
MEDICAL SCHOOL

11:00 COFFEE BREAK

11:30 Paediatric Ophthalmology

Saturday night fever!  
Marina Syrimi, Consultant Ophthalmologist, Cyprus

Paediatric Ocular Trauma  
Joe Abbott, Consultant Ophthalmologist, Birmingham, UK

Adult esotropia. A subject for everyone  
Robert Taylor, Consultant Ophthalmologist, York, UK

ROP: now what?  
Alistair Fielder, Professor Emeritus of Ophthalmology, City University, London, UK



# ΕΠΙΛΕΞΤΕ ΘΕΡΑΠΕΙΑ ΜΕ ΠΡΟΟΠΤΙΚΗ

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12:45 PANTHEO FOUNDATION KEYNOTE LECTURE

Introduction by Theodoros Potamitis, Consultant Ophthalmologist,  
Vitreoretinal Surgeon, Associate Professor of University of Nicosia Medical School



Guest Speaker: Manoj Parulekar,

Consultant Paediatric Ophthalmologist, Birmingham Children's Hospital, Oxford University Hospital NHS Trust, UK

Title: Saving lives and vision- the retinoblastoma story

13:30 LUNCH BREAK

15:00 Surgical retina

Ocular trauma management

Theodoros Potamitis, Consultant Ophthalmologist, Pantheo Eye Center, Cyprus

Paediatric VR case presentations

Ash Sharma, Consultant Ophthalmologist, Birmingham, UK

Cornea

Ocular cicatricial pemphigoid

Michalis Palos, Consultant Ophthalmologist, Pantheo Eye Center, Cyprus

Keratoconus: An update on current management options

Maria Phylactou, Moorfields Eye Hospital, London, UK

Neuro ophthalmology / Orbits

Taming the scary orbit

Yiannis Kyprianou, Consultant Ophthalmologist, Cyprus

Pupils revisited

Antigoni Koukkoulli, Consultant Ophthalmologist, Pantheo Eye Center, Cyprus

Idiopathic intracranial hypertension: an update

Andreas Yiangou, Consultant Neurologist, Birmingham, UK

20:00 GALA DINNER

Location: Levanta Event House, Agiou Andreou 244, Limassol 3730







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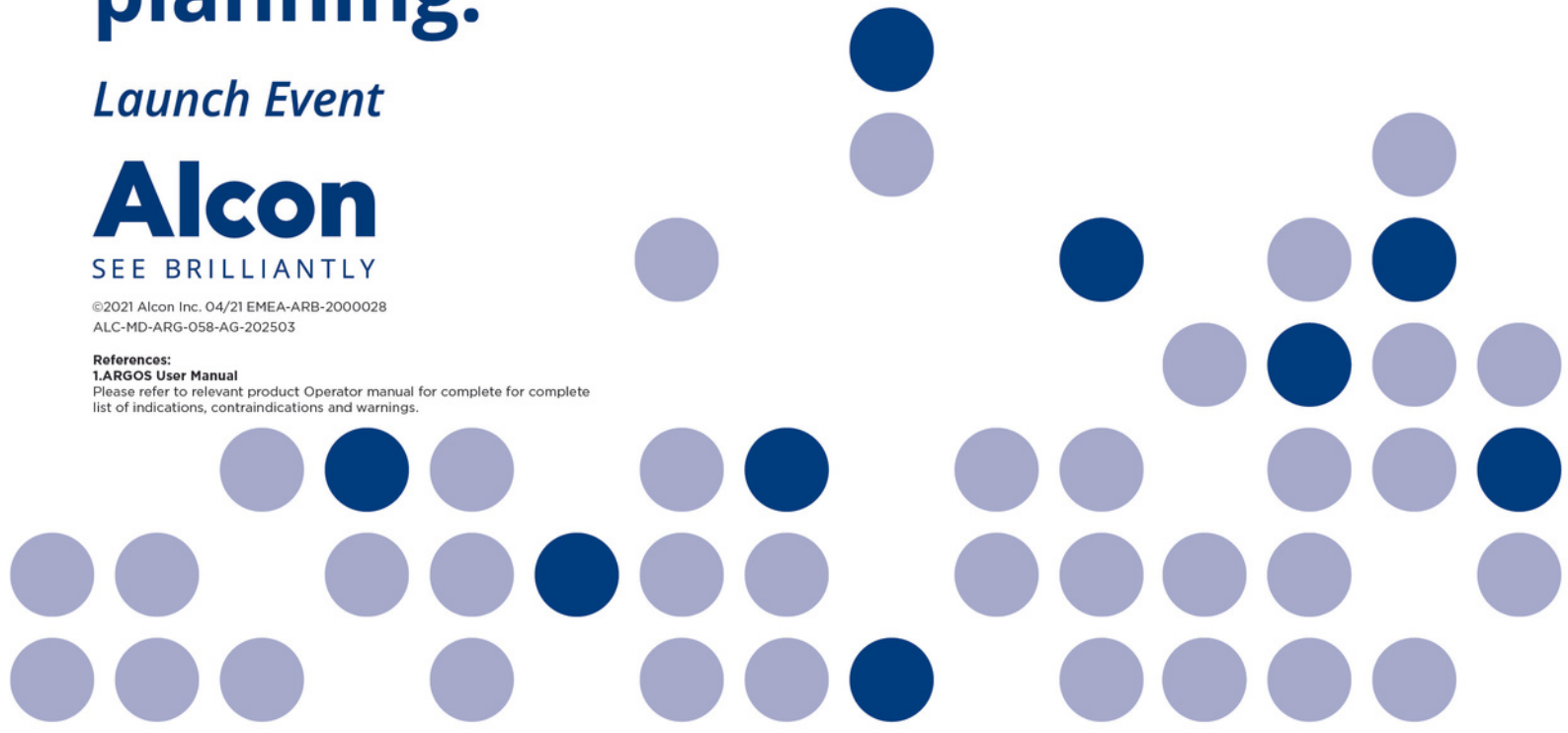
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**References:**

**1. ARGOS User Manual**

Please refer to relevant product Operator manual for complete for complete list of indications, contraindications and warnings.



SUNDAY 23 APRIL

PROGRAM

9:15 Glaucoma

GATT -Gonioscopy-Assisted Transluminal Trabeculotomy  
Jenny Hepschke, Consultant Ophthalmologist, Birmingham, UK

Minimally invasive glaucoma surgery (MIGS): experience and preference  
Tarun Sharma, Consultant Ophthalmologist, Worcester, UK

Cataract surgery in pseudoexfoliation glaucoma  
Humma Shahid, Consultant Ophthalmologist, Cambridge, UK

OCT in glaucoma diagnosis and progression  
Katia Papastavrou, Consultant Ophthalmologist, Pantheo Eye Center, Cyprus

Interfaces between glaucoma and neuro-ophthalmology  
Danilo Paulo, Consultant Ophthalmologist, Birmingham, UK

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10:45 COFFEE BREAK

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11:15 Cataract and refractive surgery

A new metric for measuring and comparing objective clinical benefit for cataract refractive outcomes  
Petros Aristodemou, Consultant Ophthalmologist, Cyprus

ALCON SATELLITE SYMPOSIUM



Guest Speaker: Norbert Pesztenlehrer  
Consultant Ophthalmologist, Petz Aladár County Teaching Hospital, Győr, Hungary

Title: Three strengths of ARGOS: Biometry – Vision Planner – Connectivity

Customised surgical presbyopia correction  
James Ball, Consultant Ophthalmologist, UK

One hand job? The efficacy of single-handed cataract surgery  
Peter Cikatricis, Consultant Ophthalmologist, Cyprus

Yamane scleral fixation technique - tips and traps  
Son Lett, Consultant Ophthalmologist, Birmingham, UK

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13:30 LUNCH BREAK

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**M.S.Jacovides**

15:00 Beyond Ophthalmology

“80 is the new 60”: The socioeconomic impact of the aging population

Marie Tsaloumas, Consultant Ophthalmologist, Birmingham, UK

Medicolegal aspects of complications, consent and candour

Ash Sharma, Consultant Ophthalmologist, Birmingham, UK

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THE ALISTAIR FIELDER PRIZE IN OPHTHALMOLOGY

This is a two part rapid fire presentation session, one for medical students and one for trainees in Ophthalmology. A prize will be given to the best presentation to each session as well as a poster prize. The prize is dedicated to Professor Alistair Fielder who has been an inspiration in medical teaching for all of us.

Judging Committee

Alistair Fielder

Maria Tsaloumas

Ash Sharma

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15:30 Introduction by Professor Alistair Fielder

15:45 Presentations by trainees in Ophthalmology

Impact of Pandemic on glaucoma care

Ojasvi Sharma, Worcester, UK

Acute Retinal Necrosis

Athena Lazaridou, Thessaloniki, Greece

A Datasheet for the INSIGHT University Hospitals Birmingham Retinal Vein Occlusion data set

Edward Bilton, Birmingham, UK

A "hard landing"

Anastasia Neocleous, Cyprus

Moles score: a challenging case

Demetris Kola, Cyprus,

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- ✓ Χωρίς συντηρητικά



SUNDAY 23 APRIL 2023

ALISTAIR FIELDER PRIZE IN OPHTHALMOLOGY

16:30 Medical Students Case reports

Choroidal Haemangioma Management During a Global Pandemic: Lessons Learned

Christopher Quelch, Eden Rabin

Glaucoma and optic nerve compression: A case of dual pathology missed

Khaled Qutteneih, Yusuf Al Aradi

Losing Sight, Gaining Vision: A Rare Case of Non-Arteritic Anterior Ischemic Optic Neuropathy

Lilian Zevlaris, Ololade Tijani

Post-Viral Mydriasis and Ophthalmoplegia

Karthikayini Gomathinayagam, Michael Andrew Horley

Beauty and the Beam: Laser accidents and eye safety in cosmetic procedures

Opemiposi Adenuga, Abdul-Adl Bolaji

Unusual aggressive facial-orbital tumour and the role of hyperbaric oxygen

Sonia Kafkalia, Valeria Antoniou

A Journey Through the Eye of the Storm: Glaucoma in Sturge Weber Syndrome

Daniel Ireland, Bilal Khan

17:45 Winners announcement

18:00 Closure

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<sup>1</sup>As compared to the INFINITI® Vision System, bottle gravity system.

1. Lorente R, Fanney D, Injev V, Sharif-Kashani P. Quantification of occlusion break surge in peristaltic-based phacoemulsification systems. ASCRS-ASOA Symposium and Congress; April 25-29, 2014; Boston, USA. 2. Nicoli M, Miller K, Dimalanta R, Loke D; Jules Stein Eye Institute, UCLA. IOP Stability Measurement and Comparison Between Gravity-Fed and Actively Controlled Phacoemulsification Systems. 2014. 3. Sharif-Kashani P, Fanney D, Injev V. Comparison of occlusion break responses and vacuum rise times of phacoemulsification systems. *BMC Ophthalmol.* 2014;14:96. 4. Alcon data on file. Concept drawing. September 2015.

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# KEYNOTE SPEAKERS BIOGRAPHIES

## UNIVERSITY OF NICOSIA MEDICAL SCHOOL KEYNOTE LECTURE

Guest Speaker: Johannes P. Eisenack, MD, F.E.B.O

University of Nicosia Medical School Ophthalmology Lead  
Klinik Hirslanden, Zurich, Switzerland



Dr Johannes P. Eisenack is the Ophthalmology Lead of the University of Nicosia Medical School at Klinik Hirslanden, Zurich, which is part of Hirslanden Group, the largest medical network in Switzerland, which comprises 17 hospitals, more than 100 competence centres and over 2,000 doctors. Dr Eisenack graduated with a Doctor of Medicine (MD) in 2006 from the University of Homburg/Saar in Germany, and was trained in various countries, including Sweden and the USA. His research interests lie in the field of retina diseases.

Johannes founded the Bellevue Eye Clinic in Zurich, Switzerland, in 2019, following his passion in children's ophthalmology. He was the head of the department of paediatric ophthalmology, strabology and neuro-ophthalmology at the Eye Clinic City-Hospital of Zurich (Triemli-Spital), from 2015 to 2020. Before that, he was a Leading Consultant for paediatric ophthalmology, strabismus, neuro-ophthalmology and neonatology at the University Hospital and Children's University Hospital, Zurich.

Throughout his career, Dr Eisenack has published in numerous scientific journals and textbooks. He has extensive experience as a lecturer and a keynote speaker, and he is a member of several professional associations, including being a Fellow of the European Board of Ophthalmology (FEBO) since 2012. Johannes is currently training his 2 1/2 years old son how to ski, and his newborn baby how to swim. As a dedicated father and husband, he cherishes the time he spends with his family.

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## PANTHEO FOUNDATION KEYNOTE LECTURE

Guest Speaker: Manoj Parulekar, MS FRCS (Ophth) ED, FRCOphth, DNB

Consultant Paediatric Ophthalmologist, Birmingham Children's Hospital  
and Oxford University Hospital NHS Trust, UK



Mr Parulekar is a consultant ophthalmologist at the Birmingham Women's and Children's Hospital, and the Oxford University Hospital NHS Trust.

He graduated in medicine from Mumbai, India and trained in Oxford and Toronto. His clinical and academic practice includes most aspects of paediatric eye disorders, and adult squint surgery. Manoj and his colleagues provide a national service for paediatric ocular oncology serving UK and Ireland. He runs an active fellowship programme training UK and overseas fellows, and is less than full time training lead for West Midlands deanery.

Mr Parulekar is a trustee of Sightsavers International, a vision related charity working in developing countries, trustee and treasurer of the Oxford Ophthalmological Congress, and Joint Honorary Secretary of the Royal College of Ophthalmologists.

Mr Parulekar is actively involved in overseas projects through Sightsavers, and the Vision 2020 links programme in India and Africa. He has an active clinical academic practice with over 10 grants and 65 peer reviewed publications. He has contributed over 20 book chapters and has co-authored a textbook "Lecture Notes in Ophthalmology". He was awarded a silver national excellence award for his contribution to the NHS.

In his spare time, Manoj enjoys gardening, reading, and is currently writing a book on left handedness (he is ambidextrous).





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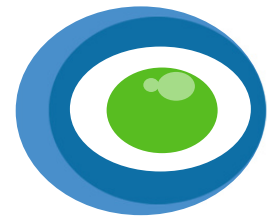


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