

Keep an *Eye* on systemic disease

2019 Annual Congress

In conjunction with the Midland Ophthalmological Society, UK and the Cyprus Ophthalmological Society
Under the auspices of the University of Nicosia Medical School

13-14 April 2019 Amathus Hotel Limassol-Cyprus



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- More Consistent IOP4: Up to 80% less surge area<sup>3,4</sup>

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For more information, please refer to the Centurion® Vision System User Manual

As compared to the INFIN TIP Vision System, bottle gravity system.

1. unente R, Farriey D, Injecki, Sharif-Rashani P, Quantification of occusion break surge in periodic-based phaceenuls fluidor in systems. ASSIG-ASDA Symposium and Congress, April 25:23, 2014, Boston, USA. 2. Notes Mt. Miler R, Otheranta-R, Uses D, Jue Stein By Histolius. UCA. PDR Sanity Measuremer: and Companion of occusion break-exponses and securior sections of phaceenulsiation systems. ACM Companion of occusion break-exponses and securior sections of phaceenulsiation systems. ACM Control and Companion of occusion break-exponses and securior sections of phaceenulsiation systems. ACM Control and Companion of occusion break-exponses and securior sections of phaceenulsiation systems. ACM Companion of occusion break-exponses and securior sections.







#### Dear colleagues

On behalf of the organising committee I would like to welcome you to our 2019 annual congress.

As always, we are extremely grateful made by our overseas speakers who take time out their busy lives to attend our meeting. Without their participation the impact of all our efforts would be greatly diminished.

As you may have noticed, this year, we have increased the number of contributions made by medical students and doctors in training. The Alistair Fielder Prize in Ophthalmology is becoming ever more popular, and the presentations made each year by the junior members of our cohort have been some of the most refreshing and stimulating. Our philosophy is that this group of aspiring ophthalmologists should be given the opportunity to inspire and be inspired.

Another new addition to the program this year is the Pantheo Foundation Lecture. We have for the past three years donated all proceeds from our meeting to the Foundation. Support for its work is growing steadily and this year we have taken on a new medical student. The named lecture series we hope will help promote the Foundation's aims. Knowing how busy he is and how many invitations he receives yearly, we are very honoured that Sir Peng Khaw is giving the first of these lectures.

Finally, as always, the aim of this weekend is not just to work and learn, but also to take the time to form bonds and friendships that we hope will last well beyond this meeting.

Theodoros Potamitis

# navibleF°

ΑΦΡΟΣ ΒΛΕΦΑΡΩΝ
ΓΙΑ ΒΛΕΦΑΡΙΤΙΔΑ

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  - ΟΦΘΑΛΜΙΚΕΣ ΧΕΙΡΟΥΡΓΙΚΕΣ ΕΠΕΜΒΑΣΕΙΣ



ΤΗΛ: 22 056 200. ΔΙΑΤΙΘΕΤΑΙ ΣΕ ΟΛΑ ΤΑ ΦΑΡΜΑΚΕΙΑ



#### **Guest Speakers**

**ANTONIOU Yianna** Consultant Ophthalmologist, Vitreo-Retinal Surgeon,

Pantheo Eye Center, Cyprus

**BARUA Ankur** Consultant Ophthalmologist, Cornea, UHCW and Rugby, UK

**CIKATRICIS Peter** Consultant Ophthalmologist, Vitreo-Retinal Surgeon,

Nicosia, Cyprus

Consultant Medical Ophthalmologist, DAMATO Erika

Cambridge University Hospitals, UK

**DOWNES Susan** Professor of Ophthalmology, Medical Retina, University of Oxford,

Oxford, UK

**FIELDER Alistair** Professor Emeritus of Ophthalmology, Department of Optometry

& Visual Science, City University, London, UK

**FOSTER Russel** Professor of Circadian Neuroscience, Director of the Sleep and

> Circadian Neuroscience Institute (SCNi), Head of the Nuffield Laboratory of Ophthalmology at the University of Oxford, UK

**FOULADI Massoud** Consultant Ophthalmologist, Chairman of Circle Partnership &

Group Medical Director, London, UK

**KEANE Pearse** Consultant Ophthalmologist, Moorfields Eye Hospital,

NIHR clinician scientist at University College London,

Institute of Ophthalmology, UK

**KOZEIS Nikos** Consultant Ophthalmologist, Visiting Professor in Paediatric

> Ophthalmology & Strabismus, University of Cleveland, Ohio, USA, Ophthalmica Institute of Ophthalmology, Thessaloniki, Greece

LIASIS Alkis Professor of Electrophysiology, Director of Electrophysiology,

University of Pittsburgh, USA

LISKOVA Petra Consultant Ophthalmologist, Cornea, Charles University, Prague,

Czech Republic

MOLLAN Susan Consultant Ophthalmologist, Neuro Ophthalmologist,

University Hospitals Birmingham, UK

**PALMER Helen** Consultant Ophthalmologist, Medical Retina, University Hospitals

Birmingham, UK

**PALOS Michalis** Consultant Ophthalmologist, Cornea and External Disease,

Pantheo Eye Center, Cyprus

PAPASTAVROU Katia Consultant Ophthalmologist, Glaucoma, Pantheo Eye Center,

Senior Lecturer at the University of Nicosia Medical School, Cyprus

PARULEKAR Manoi Consultant Ophthalmologist, Paediatric Ophthalmology

Birmingham Children's Hospital, Birmingham, UK

PATEL CK Consultant Ophthalmic Surgeon, Head of School of Ophthalmology

Health Education Thames Valley. Honorary Senior Lecturer

in Ophthalmology University of Oxford,

Oxford and Great Ormond Street (GOSH), UK

Consultant Ophthalmologist, Vitreoretinal Surgeon,

POTAMITIS Theodoros

Pantheo Eye Center, Associate Professor, St George's University

of London Medical School at University of Nicosia,

President of the Cyprus Ophthalmological Society, Cyprus

ΕΝΑ ΟΦΘΑΛΜΙΚΟ ΛΙΠΑΝΤΙΚΟ ΔΙΑΛΥΜΑ ΜΕ ΤΟ ΠΟΛΛΑΠΛΩΝ ΔΟΣΕΩΝ ΒΙΟΔΙΑΣΠΩΜΕΝΟ ΣΥΝΤΗΡΗΤΙΚΟ SCO<sup>TM</sup>

# VISIONUX Οφθαλμικές Σταγόνες





ΤΗΛ: 22 056 200. ΔΙΑΤΙΘΕΤΑΙ ΣΕ ΟΛΑ ΤΑ ΦΑΡΜΑΚΕΙΑ



ROMAIN Marc Senior Physician / Intensivist, Medical Intensive Care Unit,

Hadassah Medical Center, Jerusalem, Israel

SALMON John Consultant Ophthalmologist, Glaucoma, John Radcliffe Hospital,

Oxford, UK

SUDESH Sudha Consultant Ophthalmologist, Cornea and external disease,

Santa Clara, California, USA

**TRANOS Paris** Consultant Ophthalmologist, Medical and Surgical Retina and

Uveitis, Ophthalmica, Thessalonik, Greecei

**TSANGARIS Petros** Consultant Ophthalmologist, Vitreo retinal Surgeon, Nicosia, Cyprus

TSIERKEZOU Loukiana Consultant Ophthalmologist, Medical Retina and Uveitis,

Pantheo Eye Center, Cyprus

VERITY David Consultant Ophthalmologist, Oculoplastics and Orbits, Moorfields

Eye Hospital, Honorary Senior Clinical Lecturer, UCL, London, UK

#### Alistair Fielder Prize participants Trainees in Ophthalmology

ANTONIOU Charis Makarios III Hospital, Nicosia, Cyprus

DULAI Jaskiran Milton Keynes University Hospital, UK

HUSSEIN Furhana Oxford University Hospitals, UK

JIANG Li Russell's Hall Hospital, UK

MINA Anthi Pantheo Eye Center, Cyprus

NOZAD Lava Royal Preston Hospital, Lancashire, UK
ROQUE Marianne University Hospitals Birmingham, UK

#### Medical Students

ATIEH Zeinab Al Hawraa Medical Student, University of Nicosia Medical School, Cyprus **AYOUB Suleiman** Medical Student, University of Nicosia Medical School, Cyprus **BALANOS** Ioannis Medical Student, University of Nicosia Medical School, Cyprus Medical Student, University of Nicosia Medical School, Cyprus **BHALLA Harry** DERLANGE Aline Medical Student, University of Nicosia Medical School, Cyprus **HOLMES Heather** Medical Student, University of Nicosia Medical School, Cyprus **KAFKALIA Sonia** Medical Student, University of Nicosia Medical School, Cyprus LAZARIDOU Athena Medical Student, University of Nicosia Medical School, Cyprus LAU Pik Kwan Medical Student, University of Nicosia Medical School, Cyprus MUWONGE Chrisostomos Medical Student, University of Nicosia Medical School, Cyprus **PHAM Alisa** Medical Student, University of Nicosia Medical School, Cyprus **POPA Alexandra** Medical Student, University of Nicosia Medical School, Cyprus **POWEL Zara** Medical Student, University of Nicosia Medical School, Cyprus Medical Student, University of Birmingham, UK RIAZ Afrah

SINGH Simran Kaur

Medical Student, University of Nicosia Medical School, Cyprus

SUBHA Laamia

Medical Student, University of Nicosia Medical School, Cyprus

TSANGARIDES Agni

Medical Student, University of Nicosia Medical School, Cyprus



# NEW! AcrySof® IQ PanOptix® Toric Presbyopia-Correcting IOL



## Demand more: a Multifocal Toric IOL that can bring more to astigmatic patients\*.

The AcrySof® IQ PanOptix® Toric IOL helps you deliver excellent visual performance at every meaningful distance<sup>12,14</sup> for cataract patients who desire both presbyopia and astigmatism correction.

- A more comfortable range of near to intermediate vision<sup>12-20</sup>
- Delivers on patients' lifestyle needs21-22
- A trifocal lens with the proven astigmatism correction of Acrysof<sup>®</sup> IQ Toric IOLs<sup>4-11</sup>
  - Outstanding refractive predictability for lasting results 4.11
- · Eases postoperative patient management
  - ENLIGHTEN™ Optical Technology promotes more natural patient adaptation<sup>12-23</sup>

Talk to your local Alcon representative to learn more about the AcrySof® IQ PanOptix® Toric IQL.

\* Enlightben rechnology, ArrySid platform and new relimator (1-11), \*\*Studied over a mis-year period.

Legislation on Proteining Capacite Quartic Operation with the Ideas's W-60 and Aurylan SEGMS' 4-Nice Hydrogeneous Jurylan Intracolar Legislation (Capacite Quartic Capacite C







#### **Conference program 2019**

#### **FRIDAY 12 APRIL 2019**

19:30 Case Presentations at Pantheo Eye Center

This session is held at Pantheo Eye Center and is followed by cocktail reception as a welcome to all our guests and delegates.

For more information please contact conference@pantheo.com

#### **SATURDAY 13 APRIL 2019**

#### 08:30 Welcoming Address

Mr Theodoros Potamitis, Director, Pantheo Eye Center,

President of the Cyprus Ophthalmological Society

Ms Helen Palmer, President of the Midland Ophthalmological Society, UK

Dr Persoulla Nicolaou, Course Director for the MD programme,

Assistant Professor of Pharmacology, University of Nicosia Medical School

Mr Nicos Nicolaides, Limassol Mayor

#### 09:00-11:00 Paediatric Ophthalmology / Glaucoma

Moderators: Prodromos Kontovourkis, Iria Evangelatou

ROP – can there be a differential?

Alistair Fielder

Cranio-facial disorders and the eye

Manoj Parulekar

Children with cerebral visual impairment – A new method to approach

Nikos Kozeis

Sturge- Weber syndrome and glaucoma

Katia Papastavrou

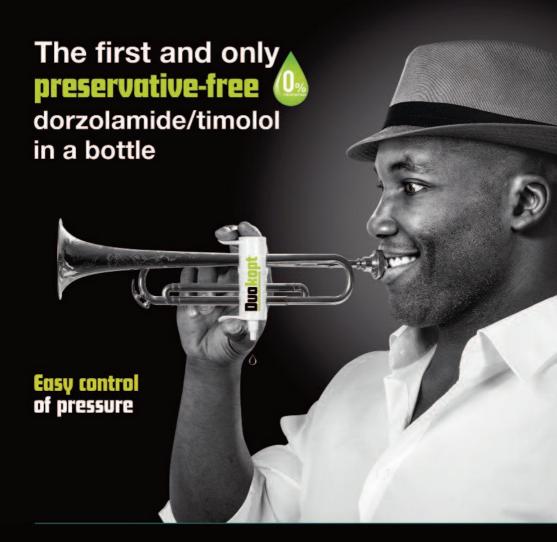
Masquerades and glaucoma

John Salmon

#### 11:00-11:30 COFFEE BREAK



Indicated in the treatment of elevated intraocular pressure (IOP) in patients with open-angle glaucoma or pseudoexfoliative glaucoma when topical beta-blocker monotherapy is not sufficient.





Synapsis Cyprus

#### 11:30-12:45 Neuro ophthalmology

Moderators: Antigoni Koukkoulli, George Papamichael

The third ocular photoreceptor - Biology to clinical relevance Russell Foster

Gee See OCT
Susan Mollan

Visual electrophysiology in metachromatic leukodystrophy Alkis Liasis

#### 12:45-13:30 Pantheo Foundation Keynote Lecture

Title: Inherited Retinal Degeneration Testing: Where are we now? Guest Speaker: Professor Susan Downes, MB ChB, MD, FRCOphth

#### 13:30-15:00 LUNCH BREAK

#### 15:00-17:30 Oculoplastics / Surgical Retina

Moderators: Ioannis Kyprianou, Savvas Christou

Urgent management of fulminant thyroid eye disease

David Verity

Serendipity in ophthalmology

CK Patel

Diabetic vitrectomy in the presence of poor glycaemic control

Theodoros Potamitis

Ectopia lentis and systemic diseases

Yianna Antoniou

Myths in vitreoretinal surgery

Paris Tranos

Management of macroaneurisms

Petros Tsangaris

Surgical cystotomy for refractory diabetic macular oedema

Peter Cicatricis

#### 20:00 GALA DINNER at Ceti Locale

# ENHANCED FOR ADVANCED CAPABILITIES







At Alcon, we are committed to giving you more. We've updated the LENSX® Laser to enhance usability and capabilities¹.

- Optimized User Experience
- Cataract and Flap Enhancements
- More Corneal Applications

# Cataract and Flap Enhancements<sup>1</sup>

existing capabilities

- Refined incision placement visualization
- Capsulotomy optimization
- Addition of more centration and alignment position overlays
- VERION® Image Guided System connectivity upgrades
- Added Flap Side-cut only function

#### More Corneal Applications<sup>1</sup>

To provide additional indications for use within your practice

· Tunnels for intracorneal rings



 Pockets for presbyopiacorrecting inlays



#### Optimized User Experience<sup>1</sup>

To streamline your procedural workflow

- Updated graphical user interface and intuitive treatment flow
- Internal calibration cross-checks
- System enhancements to improve software performance



## **FULFILLING OUR** PROMISE TO INNOVATE

#### Cataract surgery is constantly advancing. The LENSX® Laser is, too.

Since 2011, the LENSX® Laser has set the standard for performance across the entire anterior segment, demonstrating safety and delivering precise, reproducible surgical outcomes. 2.5 Alcon is committed to further advancing femtosecond laser technology and efficiency in partnership with the cataract surgeons we serve. With a platform architecture that allows for continuous evolution, the LENSX® Laser offers enhanced capabilities and ease of use.

Used to assist in more than 1 million cataract procedures worldwide.6



Ask your Alcon representative how the latest enhancements of the LENSX® Laser can help you deliver excellent surgical outcomes.

- 1. LenSx<sup>G</sup> Laser System Operator's Manual.
- 2. Chen K, Chen K, He J, Yao K. Comparing the curative effects between femtosecond laser-assisted cataract surgery and conventional phacoemuls filication surgery: a meta-analysis. PLoS OVE. 2016;11(3):e0152088.
- 3. Baia C, Meades K. SEM of femtosecond laser capsulotomy edge; an inter-platform comparison. Accepted for publication in J Cataract Refract Surg.
- 4. Filkorn T, Kovács I, Takács A, Horváth E, Knorz MC, Nagy ZZ. Comparison of IOL power calculation and refractive outcome after laser refractive cataract surgery with a femitosecond laser versus conventional phacoemuls fication. / Refract Surg. 2012;28(8):540-544.
- 5. Kránitz K, Miháltz K, Sándor GL, Takacs A, Knorz MC, Nagy ZZ. Intraocular lens tilt and decentration measured by Scheimpflug carnera following manual or femtosecond laser created continuous circular capsulotomy. /Refract Surg. 2012;28(4):259-263.
- 5. Alcon Internal Sales Data on File, August, 2017.







Στους ασθενείς που λαμβάνουν θεραπεία για πρώτη φορά...

# ΔYNATA 1-4

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ΔΙΑΝΟΜΕΑΣ Bayer NovaGeM

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Πριν τη συνταγογράφηση συμβουλευτείτε την Περίληψη Χαρακτηριστικών του Προϊόντος Για περισσότερες πληροφορίες απευθυνθείτε στην εταιρεία Bayer Hellas

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- Βιβλιογραφικές αναφορές: 1. Heier JS, Brown DM, Chong V, et al. Intravitreal affilibercept (VEGF Trap-Eye) in wet agerelated macular degeneration. Ophthalmology. 2012;119(12):2537-2548. doi:10.1016/j. ophtha.2012.09.006
- Korobelnik J-F, Do DV, Schmidt-Erfurth U, et al. Intravitreal aflibercept for diabetic macular edema. Ophthalmology. 2014;121(11):2247-2254. doi:10.1016/j. ophtha.2014.05.006.
- 3. Schmidt-Erfurth U, Kaiser PK, Korobelnik J-F, et al. Intravitreal aflibercept injection for neovascular age-related macular degeneration. Ophthalmology. 2014;121(1):193-201. doi:10.1016/j.ophtha.2013.08.011.
- Brown DM, Schmidt-Erfurth U, Do DV, et al. Intravitreal affibercept for diabetic macular edema: 100-week results from the VISTA and VIVID studies. Ophthalmology. 2015;122(10):2044-2052. doi:10.1016/j.ophtha.2015.06.017.

#### **SUNDAY 14 APRIL 2019**

#### 08:30-09:30 OCTA course

There are limited places for this course- please register before 10th Apriladditional costs apply

Pearse Keane Susan Mollan

#### 09:30-11:00 General interest

Moderators: Andriana Spastri, Michalis Palos

Role of integrated care in eye care Massoud Fouladi

#### Cornea and ocular surface

Conjunctival clues to systemic diagnoses Sudha Sudesh

Paraproteinemic keratopathy associated with monoclonal gammopathy of undetermined significance

Petra Liskova

Corneal melting in rheumatoid arthritis

Michalis Palos

Systemic disease and refractive surgery *Ankur Barua* 

#### 11:15-11:45 COFFEE BREAK

#### 11:45-13:30 Medical Retina

Moderators: Helen Palmer, Loukiana Tsierkezou

Bacterial endogenous endophthalmitis

Helen Palmer

Infectious Uveitis - A challenge for ophthalmologists

Loukiana Tsierkezou

Lupus and the eye

Erika Damato

Artificial intelligence in ophthalmology - the Moorfields Deep Mind collaboration

Pearse Keane

#### **General interest**

Putting the "eye" back in the ICU Marc Romain

#### 13:30-15:00 LUNCH BREAK









#### 15:00-17:00 The Alistair Fielder Prize in Ophthalmology

Judging pannel: Alistair Fielder / Susan Mollan / Manoj Parulekar

#### Trainees in Ophthalmology

E'm rare and E'm unique Marianne Roque

An atypical case of retinal cavernous haemangioma *Li Jiang* 

A case series of macroaneurism management *Anthi Mina* 

A cautionary tale of non-infectious orbital vasculitides

Diabetic screening and tablet technology

Lava Nozad

Acute painless bilateral loss of vision Charis Antoniou

Applications of optical coherence tomography in cases of neurofibromatosis Furhana Hussein

#### **Medical Students**

Jaskiran Dulai

The incidence of sight impairment in patients treated for bilateral wet age related macular degeneration

Afrah Riaz

Under PRESsure: Review of a case of Posterior Reversible Encephalopathy

Desferal toxicity causing maculopathy in an adult with thalassemia Simran Kaur Singh, Zara Powel

Horner's syndrome and Hashimoto's thyroiditis

Alisa Pham, Zeinab Al Hawraa Atieh

Syndrome Laamia Subha, Harry Bhalla

A presentation of retinitis in an undiagnosed HIV patient *Alexandra Popa, Ioannis Balanos* 

Keep your eye on the ball Heather Holmes, Aline Derlange

Laser induced macular damage: a public health problem on the rise *Sonia Kafkalia, Agni Tsangarides* 

The unpredictability of youth: a case of ocular trauma Chrysostomos Muwonge, Athena Lazaridou

Plaquenil retinopathy
Pik Kwan Lau, Suleiman Ayoub



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#### **POSTERS:**

Judging panel: Manoj Parulekar / Massoud Fouladi / Erika Damato

### Subtenon triamcinolone in the treatment of post-operative uveal effusion in a hypermetropic patient following routine cataract operation.

Li Jiang, Atul Bansal

University Hospitals of Coventry & Warwickshire, Coventry, United Kingdom

#### "I have a lot of nerve"

Roque-Naval M, Srivasan V, Mollan SP University Hospitals Birmingham

### What are the research priorities for idiopathic intracranial hypertension? A priority setting partnership between patients and health care professionals

Mollan SP, Hemmings K, Herd C, Williams S, Sinclair AJ

University Hospitals Birmingham

#### Desferal toxicity causing maculopathy in an adult with thalassemia

Singh SK, Powel Z, Koukkoulli A, Potamitis T

Pantheo Eye Center, Cyprus

#### Horner's syndrome and Hashimoto's thyroditis

Pham A, Atieh ZH, Koukkoulli A

Pantheo Eye Center, Cyprus

#### Under PRESsure: Review of a case of Posterior Reversible Encephalopathy Syndrome

Subha L, Bhalla H, Koukkoulli A

Pantheo Eye Center, Cyprus

#### A presentation of retinitis in an undiagnosed HIV patient

Popa A, Balanos I, Tsierkezou L

Pantheo Eye Center, Cyprus

#### Keep your eye on the ball

Holmes H, Derlange A, Papastavrou K, Potamitis T

Pantheo Eye Center, Cyprus

#### Laser induced macular damage: a public health problem on the rise

Kafkalia S, Tsangarides A, Koukkoulli A

Pantheo Eye Center, Cyprus

# EYEASPIS LINE







#### ΒΑΖΟΝΤΑΣ ΤΑ ΘΕΜΕΛΙΑ ΣΤΗ ΔΙΑΧΕΙΡΙΣΗ ΤΗΣ ΞΗΡΟΦΘΑΛΜΙΑΣ

Νο.1 σε πωλήσεις στην Αμερική!

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- Μεϊβομιανίτιδας
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• Σύνδρομο Sjogren

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- Αντιφλεγμονώδες
- Αντιοξειδωτικό

ΧΩΡΙΣ ΠΑΡΕΝΕΡΓΕΙΕΣ ΥΨΗΛΗ ΒΙΟΔΙΑΘΕΣΙΜΟΤΗΤΑ & ΑΠΟΡΡΟΦΗΣΗ



#### The unpredictability of youth: a case of ocular trauma

Muwonge C, Lazaridou A, Papastavrou K, Potamitis T Pantheo Eye Center, Cyprus

#### Plaquenil retinopathy

Lau PK, Ayoub S, Christou S, Potamitis T Pantheo Eye Center, Cyprus

#### Rare corneal infection

Chris Bachtsetzis<sup>1</sup>, Athina Kozei <sup>2,3</sup>, Nada El Dakroury<sup>1</sup>, Nourhan El Dakroury<sup>2</sup>, M. Balidis<sup>3</sup>, Nikolaos Kozeis<sup>3</sup>

- 1. University of Nicosia Medical School, Nicosia, Cyprus
- 2. Pharmacy Student, University of Nicosia, Nicosia, Cyprus
- 3. 'Ophthalmica' Institute of Ophthalmology & Microsurgery, Thessaloniki, Greece

#### A new surgical approach for strabismus in complete 6th Nerve Palsy

Nikolaos Kozeis¹, Athina Kozei¹,², Chris Bachtsetzis³, Nada El Dakroury³, Nourhan El Dakroury²

- 1. 'Ophthalmica' Institute of Ophthalmology & Microsurgery, Thessaloniki, Greece
- 2. Pharmacy Student, University of Nicosia, Nicosia, Cyprus
- 3. University of Nicosia Medical School, Nicosia, Cyprus

#### A cautionary tale of non-infectious orbital vasculitides

Dulai J, Koukkoulli A

Pantheo Eye Center, Cyprus



2020 Annual Congress

In conjunction with the Midland Ophthalmological Society, UK and the Cyprus Ophthalmological Society
Under the auspices of the University of Nicosia Medical School

25-26 April 2020 Limassol-Cyprus

### **Sponsors**









Synapsis Cyprus

























11 CPD points have been awarded from the Cyprus Medical Council

For information and registration please contact conference@pantheo.com

Information about previous conferences and comments please visit our website: **www.pantheo.com** 

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